Effective field theory and radiation reaction

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□ The paradigm of Effective Field Theory (EFT)

□ The classical mechanics of non-conservative systems

□ Radiation reaction in EFT

Effective field theory paradigm

What's been done with EFT: A snapshot

Potentials for non-spinning binaries thru 3PN

(Goldberger, Rothstein, Gilmore, Ross, Chu, Foffa, Sturani)

Spin-orbit & spin-spin potentials thru 4PN & 3PN, resp.

(Porto, Rothstein, Levi, Perrodin)

PN radiation reaction thru 3.5PN (CRG, Leibovich)

Gravitational waveform at LO (CRG)

Radiative moments thru 3PN (Ross, Goldberger, Porto, Rothstein)

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Tidal Love number for BH (Smolkin, Kol)

First-order gravitational self-force (CRG, Hu)

Third-order scalar self-force (CRG) Absorptive effects (Rothstein, Goldberger, Porto)

Radiation reaction on extended charges (CRG, Leibovich, Rothstein)

Caged black holes (Kol, Smolkin, Chu, Goldberger, Rothstein)

Cosmological perturbation theory (Baumann, Nicolis, Senatore, Zaldarriaga,...)

Inflation (Senatore, Zaldarriaga,...)

Higher dimensional BHs (Emparan, Harmark, Niarchos, Obers)

Hydrodynamics (Nicolis, Dubovsky, Endlich, Hui, Son,...)

Condensed matter/Biophysics (Yolcu, Rothstein, Deserno)

What is effective field theory?

EFT is a way of parameterizing long-distance physics with effective degrees of freedom that account for the short-distance effects.

- Symmetries are guiding principle

EFT utilizes a separation of scales to describe perturbative corrections
- e.g., lengths, masses, velocities

Many features of EFT arise in more familiar contexts

- Matched asymptotic expansions
- Multipole moment expansions
- Dimensional analysis

EFT has bells & whistles to streamline perturbative computations

- e.g., Feynman diagrams, renormalization group theory

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Step 4: Computing stuff

Example: Motion of an extended charge

CRG, Leibovich & Rothstein, PRL (2010)

Consider the motion of an extended (spherical) charge distribution



Metal Dielectric Superconductor Metamaterial etc.

A complete description of the motion and radiation is hopelessly complicated...

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 \Box In many physical cases, $R \ll L$ implying a scale separation

 \implies An EFT description is admissable

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We are ignoring interactions due to the finite size of the charge distribution that must inevitably contribute to the dynamics

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Answer: Use symmetries as the guiding principle of what could possibly be

Add extra worldline terms to the action that are consistent with the underlying symmetries of the full theory

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$$S[z^{\mu}, A_{\mu}] = -\frac{1}{4} \int_{x} F^{\alpha\beta} F_{\alpha\beta} - m \int d\tau + e \int d\tau \, u^{\alpha} A_{\alpha}(z) + C_{d} \int d\tau \, u^{[\alpha} a^{\beta]} F_{\alpha\beta}(z)$$
$$+ C_{e} \int d\tau \, F^{\alpha\beta}(z) F_{\alpha\beta}(z) + C_{m} \int d\tau \, u^{\alpha} F_{\alpha\beta}(z) F^{\beta}{}_{\gamma}(z) u^{\gamma} + \cdots$$

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The EFT action:

- Is model independent (matching coefficients C_d , C_e , C_m ,... contain info about material)
- -Yields results equivalent to the full theory when R < L and the coefficients are known

- Extra interactions involve derivatives of radiation field and are perturbative corrections to a pure point particle description

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- The precise location of the apparent point-like charge is immaterial

$$\phi(\mathbf{x}) = q' \frac{1}{r'} + p'_i \frac{x'^i}{r'^3} + \frac{1}{2}Q'_{ij} \frac{x'^i x'^j}{r'^5} + \cdots , \quad r' = |\mathbf{x} + \delta \mathbf{x}| , \quad |\delta \mathbf{x}| \lesssim R$$

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$$C_d \int d\tau \, u^{[\alpha} a^{\beta]} F_{\alpha\beta}(z) = \frac{1}{2} \int d\tau \left[\vec{d}(\tau) \cdot \vec{E}(z) + \vec{m}(\tau) \cdot \vec{B}(z) \right]$$
$$d^i(\tau) = 2C_d(u^0 a^i - u^i a^0) \to 2C_d a^i$$
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$$C_e \int d\tau F^{\alpha\beta}(z) F_{\alpha\beta}(z) + C_m \int d\tau \, u^{\alpha} F_{\alpha\beta}(z) F^{\beta}{}_{\gamma}(z) u^{\gamma}$$
$$\vec{P} = 4 \left(\frac{C_e}{2} - C_m\right) \vec{E}$$
$$\vec{M} = -4C_m \vec{B}$$

These terms describe susceptibilities

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Match any quantity involving the desired coefficient(s) calculated in both the EFT and in the full theory (when $R \ll L$).

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Power radiated in EFT:

$$P_{\rm EFT} = \frac{e}{6\pi} \left[e \mathbf{a}^2 - 2C_d \dot{\mathbf{a}}^2 + \cdots \right]$$

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Power radiated by harmonically oscillating perfectly conducting sphere of charge

$$P_{\text{full}} = \frac{e}{6\pi} \left[e\mathbf{a}^2 - \frac{eR^2}{5}\dot{\mathbf{a}}^2 + \cdots \right] \implies C_d = \frac{1}{10}eR^2$$

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Power radiated by harmonically oscillating spherical shell of charge

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Power counting

 $G = c = 1 \Longrightarrow [e] = [m] = \text{Length}$

 \Box EFT action has infinite number of terms, which are perturbative corrections in *R/L*:

Derivatives of radiation field scale according to wavelength, *L*

$$\partial_{\alpha}A_{\mu} \sim \frac{1}{L}A_{\mu}$$

Dynamical time-scale

$$\int d\tau \sim L \ , \ \ a^{\mu} \sim \frac{1}{L}$$

Maxwell's equation gives scaling of field with *L* and e

$$\Box A_{\mu} = e \int d\tau \, u_{\mu} \delta^4 \left(x^{\mu} - z^{\mu} \right) \Longrightarrow A_{\mu} \sim \frac{e}{L}$$
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$$\frac{C_d \int d\tau \, u^{[\alpha} a^{\beta]} F_{\alpha\beta}(z)}{e \int d\tau \, u^{\alpha} A_{\alpha}(z)} \sim \frac{C_d}{e\lambda^2} \Longrightarrow C_d \sim eR^2$$

$$\frac{C_e \int d\tau \, F^{\alpha\beta}(z) F_{\alpha\beta}(z)}{e \int d\tau \, u^{\alpha} A_{\alpha}(z)} \sim \frac{C_e}{\lambda^3} \Longrightarrow C_e \sim R^3$$

Scaling of extra interactions relative to point charge coupling

Power counting the interaction terms in the EFT action yields an interesting result:

$$S[z^{\mu}, A_{\mu}] = -\frac{1}{4} \int_{x} F^{\alpha\beta} F_{\alpha\beta} - m \int d\tau + e \int d\tau \, u^{\alpha} A_{\alpha}(z) + C_{d} \int d\tau \, u^{[\alpha} a^{\beta]} F_{\alpha\beta}(z)$$
$$\sim e^{2} \qquad \sim e^{2} \left(\frac{R}{\lambda}\right)^{2}$$
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□ Or so it was thought...

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$$S[z^{\mu}, A_{\mu}] \to -m \int d\tau + e \int d\tau \, u^{\alpha} A_{\alpha}(z) + \left(\frac{eC}{m} + C_{d}\right) \int d\tau \, u^{[\alpha} a^{\beta]} F_{\alpha\beta}(z) + \cdots$$

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$$\frac{eC/m}{C_d} \sim \frac{e^2}{mR} \ll 1 \implies \frac{e^2}{R} \ll m$$

Thus, the a² term gives no <u>measurable</u> contribution

 $\square \quad \text{Wave equation} \quad \Box A_{\mu} = e \int d\tau \, u_{\mu} \delta^4(x-z) - 2C_d \int d\tau \, u_{[\mu} a^{\alpha]} \partial_{\alpha} \delta^4(x-z) + \cdots$

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Perturbative solution to wave equation can be represented diagrammatically

$$\begin{aligned} A_{\mu}(x) &= \int d^{4}x' \, D_{\mu\nu}^{\text{ret}}(x-x') \left[e \int d\tau \, u^{\nu} \delta^{4}(x'-z) \right] \\ &+ \int d^{4}x' \, D_{\mu\nu}^{\text{ret}}(x-x') \left[-2C_{d} \int d\tau \, u^{[\nu} a^{\alpha]} \partial_{\alpha} \delta^{4}(x'-z) \right] \\ &+ \int d^{4}x' \int d^{4}x'' D_{\mu\nu}^{\text{ret}}(x-x') \left[-2C_{e} \int d\tau \, \partial^{\alpha} \delta^{4}(x'-z) \partial^{[\nu]} \right] D_{\alpha]\beta}^{\text{ret}}(x'-x'') \left[e \int d\tau' \, u^{\beta} \delta^{4}(x''-z) \right] \\ &+ \cdots \end{aligned}$$

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Dictionary ("Feynman rules"):

$$\sum_{x'=x'}^{n} = D_{\mu\nu}^{\text{ret}}(x-x') \qquad \qquad \sum_{x'=x'}^{n} = \frac{\delta^n S}{\delta A_{\alpha_1}(x)\cdots\delta A_{\alpha_n}(x)}\Big|_{A_{\mu}=0}$$

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- Radiation reaction in electrodynamics

$$S_{\rm eff}[z^{\mu}] = -m \int d\tau + \frac{e^2}{8\pi} \int d\tau \, u^{\alpha} a_{\alpha}$$

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$$S_{\rm eff}[z^{\mu}] = -m \int d\tau + 4\pi Gm^2 \int d\tau d\tau' \, u^{\alpha} u^{\beta} \left[\frac{G_{\alpha\beta\gamma'\delta'}^{\rm ret}(z^{\mu}, z^{\mu'}) + G_{\alpha\beta\gamma'\delta'}^{\rm adv}(z^{\mu}, z^{\mu'})}{2} \right] u^{\gamma'} u^{\delta'} + \cdots$$

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- Self-force in extreme mass ratio binaries

$$CRG \& Hu (2009) \\
CRG \& Tiglio (2009) \\
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□ Naive application of EFT to radiating systems yields no radiation reaction

- Radiation reaction in electrodynamics

$$S_{\rm eff}[z^{\mu}] = -m \int d\tau + \frac{e^2}{8\pi} \int d\tau \, u^{\alpha} a_{\alpha}^{0}$$

- Radiation reaction in compact binaries CRG & Tiglio (2009)

$$S_{\text{eff}}[z^{\mu}] = (\text{lower order conservative PN terms}) - \frac{G}{10} \int dt \, Q_{ij}(t) \frac{d^5 Q_{ij}(t)}{dt^5} + \cdots$$

- Self-force in extreme mass ratio binaries
$$CRG \& Hu (2009) \\ CRG \& Tiglio (2009) \\ Mathematical Set \\ Seff[z^{\mu}] = -m \int d\tau + 4\pi Gm^2 \int d\tau d\tau' u^{\alpha} u^{\beta} \left[\frac{G_{\alpha\beta\gamma'\delta'}^{\text{ret}}(z^{\mu}, z^{\mu'}) + G_{\alpha\beta\gamma'\delta'}^{\text{adv}}(z^{\mu}, z^{\mu'})}{2} \right] u^{\gamma'} u^{\delta'} + \cdots$$

The problem is not with EFT but with classical mechanics itself...

Classical mechanics

of non-conservative systems

CRG (2012)

□ Coupled harmonic oscillators

$$S[q, \{Q_n\}] = \int_{t_i}^{t_f} dt \left\{ \frac{m}{2} \left(\dot{q}^2 - \omega^2 q^2 \right) + q \sum_{n=1}^N \lambda_n Q_n + \sum_{n=1}^N \frac{M_n}{2} \left(\dot{Q}_n^2 - \Omega_n^2 Q_n^2 \right) \right\}$$

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"Integrate out" $\{Q_n(t)\}$ subject to initial conditions

$$\ddot{Q}_n + \Omega_n^2 Q_n = \frac{\lambda_n}{M} q \implies Q_n(t) = Q_n^{(h)}(t) + \frac{\lambda_n}{M} \int_{t_i}^{t_f} dt' G_{ret}^{(n)}(t-t') q(t')$$

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Effective action:

$$S_{\rm eff}[q] = \int_{t_i}^{t_f} dt \left\{ \frac{m}{2} (\dot{q}^2 - \omega^2 q^2) + q \sum_{n=1}^{N} \lambda_n Q_n^{(h)}(t) + \sum_{n=1}^{N} \frac{\lambda_n^2}{2M_n} \int_{t_i}^{t_f} dt' \, q(t) \, G_{\rm ret}^{(n)}(t-t') q(t') \right\}$$

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$$\int_{t_i}^{t_f} dt dt' q(t) G_{\text{ret}}^{(n)}(t-t') q(t') = \int_{t_i}^{t_f} dt dt' q(t) \frac{G_{\text{ret}}^{(n)}(t-t') + G_{\text{adv}}^{(n)}(t-t')}{2} q(t')$$

 \Box Equation of motion for q(t) is (from Hamilton's principle)

$$m\ddot{q} + m\omega^{2}q = \sum_{n=1}^{N} \lambda_{n}Q_{N}^{(h)}(t) + \sum_{n=1}^{N} \frac{\lambda_{n}^{2}}{2M_{n}} \int_{t_{i}}^{t_{f}} dt' \left[\frac{G_{\text{ret}}(t-t') + G_{\text{adv}}(t-t')}{2} \right] q(t')$$

 \Box A few remarks:

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A few remarks:

- Dependence on advanced Green function implies:

- 1) Solutions do not evolve causally
- 2) Solutions are not specified by initial data alone

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A few remarks:

- Dependence on advanced Green function implies:

1) Solutions do not evolve causally

2) Solutions are not specified by initial data alone

- Kernel of the integral is symmetric in time, implies only conservative interactions

Does not account for dissipation (a time-asymmetric process)

















A hint...

 \Box Advanced Green functions appears because q(t)q(t') is symmetric in $t \leftrightarrow t'$

$$\int_{t_i}^{t_f} dt dt' q(t) G_{\text{ret}}^{(n)}(t-t') q(t') = \int_{t_i}^{t_f} dt dt' q(t) \left[\frac{G_{\text{ret}}^{(n)}(t-t') + G_{\text{adv}}^{(n)}(t-t')}{2} \right] q(t')$$

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] <u>Hint</u>:

Use two different sets of variables

$$\int_{t_i}^{t_f} dt dt' q(t) G_{\text{ret}}^{(n)}(t-t') q(t') \longrightarrow \int_{t_i}^{t_f} dt dt' q_1(t) G_{\text{ret}}^{(n)}(t-t') q_2(t')$$

Varying with respect to q_1 gives the correct force provided $q_2 = q_1$ after the variation

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Interestingly, doubled variables appear as early as

- 1970 (Staruszkiewicz) for a Lagrangian, and
- 1997 (Schaefer, et al.) for a Hamiltonian

- Introduce <u>two</u> paths such that:
 - I) Both paths have vanishing displacements at the initial time
 - 2) The coordinates and velocities of both paths are equal at the final time (the *equality condition*)



- Introduce <u>two</u> paths such that:
 - I) Both paths have vanishing displacements at the initial time
 - 2) The coordinates and velocities of both paths are equal at the final time (the equality condition)



After <u>all</u> variations are done, identify both paths with the physical one (the *physical limit*)



New action defined by the total line integral of the Lagrangian along both segments

$$S[q_1, q_2] \equiv \int_{t_i}^{t_f} dt \, L(q_1, \dot{q}_1) + \int_{t_f}^{t_i} dt \, L(q_2, \dot{q}_2) + \int_{t_i}^{t_f} dt \, K(q_1, q_2, \dot{q}_1, \dot{q}_2)$$



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$$S[q_1, q_2] \equiv \int_{t_i}^{t_f} dt \left[L(q_1, \dot{q}_1) - L(q_2, \dot{q}_2) + K(q_1, q_2, \dot{q}_1, \dot{q}_2) \right]$$

New Lagrangian

 $\Lambda(q_1, q_2, \dot{q}_1, \dot{q}_2) \equiv L(q_1, \dot{q}_1) - L(q_2, \dot{q}_2) + K(q_1, q_2, \dot{q}_1, \dot{q}_2)$

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 \Box K has three very important properties:

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 \Box K has three very important properties:

I) K describes generalized forces <u>not</u> necessarily derivable from a potential

$$egin{aligned} & \mathcal{K} = V(q_1) - V(q_2) \ & \implies & \Lambda = L(q_1, \dot{q}_1) - L(q_2, \dot{q}_2) + V(q_1) - V(q_2) \ & = \tilde{L}(q_1, \dot{q}_1) - \tilde{L}(q_2, \dot{q}_2) \end{aligned}$$

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2) K generally couples the two variables together

$$K=K(q_1,q_2,\dot{q}_1,\dot{q}_2)$$

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2) K generally couples the two variables together

$$K=K(q_1,q_2,\dot{q}_1,\dot{q}_2)$$

3) K measures the "openness" of a system

Closed if
$$K = 0$$
 Open if $K \neq 0$

- Hamilton's principle: Extremize the new action $S[q_1, q_2]$
 - Convenient to make a change of variables:

$$q_{+} = rac{q_{1} + q_{2}}{2}$$
 $q_{-} = q_{1} - q_{2}$

Physical limit: $q_-(t)
ightarrow 0$, $q_+(t)
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$$q_+(t,\epsilon) = q_+(t,0) + \epsilon \eta_+(t) \qquad q_-(t,\epsilon) = q_-(t,0) + \epsilon \eta_-(t)$$

-Variation of the new action:

$$\frac{dS[q_+, q_-]}{d\epsilon}\Big|_{\epsilon=0} = \int_{t_i}^{t_f} dt \left\{ \eta_+(t) \left(\frac{\partial \Lambda}{\partial q_+} - \frac{d}{dt} \frac{\partial \Lambda}{\partial \dot{q}_+} \right)_0 + \eta_-(t) \left(\frac{\partial \Lambda}{\partial q_-} - \frac{d}{dt} \frac{\partial \Lambda}{\partial \dot{q}_-} \right)_0 \right\} \\ + \left[\eta_+(t) p_-(t) + \eta_-(t) p_+(t) \right]_{t=t_i}^{t_f}$$

Conditions at the time boundaries





Conditions at the time boundaries

- Vanishing displacements at initial time

$$\eta_1(t_i) = 0 = \eta_2(t_i) \implies \eta_+(t_i) = 0 = \eta_-(t_i)$$

 $\begin{array}{c} t = t_f \\ 2 \\ 1 \\ t = t_i \end{array}$

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$$\eta_1(t_i) = 0 = \eta_2(t_i) \implies \eta_+(t_i) = 0 = \eta_-(t_i)$$

- Continuity of coordinates at final time

$$q_2(t_f, \epsilon) = q_1(t_f, \epsilon) \implies \eta_-(t_f) = 0$$

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- Continuity of velocities and continuity of coordinates at final time

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- Continuity of velocities and continuity of coordinates at final time

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Boundary contributions to action

$$\left[\eta_{+}(t)p_{-}(t)+\eta_{-}(t)p_{+}(t)\right]_{t=t_{i}}^{t_{f}}=0$$



Equations of motion

- With the boundary term eliminated:



$$\frac{dS[q_+, q_-]}{d\epsilon}\Big|_{\epsilon=0} = \int_{t_i}^{t_f} dt \left\{ \eta_+(t) \left(\frac{\partial \Lambda}{\partial q_+} - \frac{d}{dt} \frac{\partial \Lambda}{\partial \dot{q}_+} \right)_0 + \eta_-(t) \left(\frac{\partial \Lambda}{\partial q_-} - \frac{d}{dt} \frac{\partial \Lambda}{\partial \dot{q}_-} \right)_0 \right\}$$

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- The action is stationary when

$$\frac{dS[q_+, q_-]}{d\epsilon}\bigg|_{\epsilon=0} = 0$$

Equations of motion

- With the boundary term eliminated:



$$\frac{dS[q_+, q_-]}{d\epsilon}\Big|_{\epsilon=0} = \int_{t_i}^{t_f} dt \left\{ \eta_+(t) \left(\frac{\partial \Lambda}{\partial q_+} - \frac{d}{dt} \frac{\partial \Lambda}{\partial \dot{q}_+} \right)_0 + \eta_-(t) \left(\frac{\partial \Lambda}{\partial q_-} - \frac{d}{dt} \frac{\partial \Lambda}{\partial \dot{q}_-} \right)_0 \right\}$$

- The action is stationary when

$$\frac{dS[q_+, q_-]}{d\epsilon}\bigg|_{\epsilon=0} = 0 \qquad \Longrightarrow \qquad \Longrightarrow$$

$$\frac{d}{dt} \left(\frac{\partial \Lambda}{\partial \dot{q}_{+}} \right) - \frac{\partial \Lambda}{\partial q_{+}} = 0$$
$$\frac{d}{dt} \left(\frac{\partial \Lambda}{\partial \dot{q}_{-}} \right) - \frac{\partial \Lambda}{\partial q_{-}} = 0$$

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$$\frac{dS[q_+, q_-]}{d\epsilon}\Big|_{\epsilon=0} = 0 \qquad \Longrightarrow \qquad \frac{\frac{d}{dt}\left(\frac{\partial\Lambda}{\partial\dot{q}_+}\right) - \frac{\partial\Lambda}{\partial q_+}}{\frac{d}{dt}\left(\frac{\partial\Lambda}{\partial\dot{q}_-}\right) - \frac{\partial\Lambda}{\partial q_-}} = 0$$

- Lastly, identify both paths as the physical one, q(t) -- the "physical limit"

| $\frac{d}{dt}\frac{\partial L}{\partial \dot{q}} - \frac{\partial L}{\partial q} = -\left[\frac{d}{dt}\frac{\partial R}{\partial \dot{q}_{-}} - \frac{\partial R}{\partial q_{-}}\right]_{\text{p.l.}} \implies 0 = \left[\frac{\partial J[q_{+}, q_{-}]}{\delta q_{-}(t)}\right]_{\text{p.l.}}$ | $\frac{d}{dt}\frac{\partial L}{\partial \dot{q}} - \frac{\partial}{\partial}$ | $\frac{\partial L}{\partial q} = -\left[\frac{d}{dt}\frac{\partial K}{\partial \dot{q}_{-}}\right]$ | $- \frac{\partial K}{\partial q_{-}}\Big]_{\text{p.l.}} \implies$ | $0 = \left[\frac{\delta S[q_+, q]}{\delta q(t)}\right]_{\text{p.l.}}$ |
|--|---|---|---|---|
|--|---|---|---|---|

The energy function

Total time derivative of the Lagrangian

$$\frac{dL}{dt} = \frac{\partial L}{\partial t} + \frac{\partial L}{\partial q}\dot{q} + \frac{\partial L}{\partial \dot{q}}\frac{d\dot{q}}{dt}$$

- Use the new Lagrange's equations to substitute in for $\partial L/\partial q$

$$\frac{\partial L}{\partial q} = \frac{d}{dt} \frac{\partial L}{\partial \dot{q}} + \left[\frac{d}{dt} \frac{\partial K}{\partial \dot{q}_{-}} - \frac{\partial K}{\partial q_{-}} \right]_{\text{p.I}}$$

- And define the energy function as the value of the Hamiltonian

$$h(q, \dot{q}) \equiv \dot{q} \frac{\partial L}{\partial \dot{q}} - L$$

$$\implies \frac{dh}{dt} = -\frac{\partial L}{\partial t} - \dot{q} \left[\frac{d}{dt} \frac{\partial K}{\partial \dot{q}_{-}} - \frac{\partial K}{\partial q_{-}} \right]_{\text{p.l.}}$$

Extra goodies

A Hamiltonian for non-conservative systems can be constructed

$$A(q_1, q_2, p_1, p_2) \equiv H(q_1, p_1) - H(q_2, p_2) - K(q_1, q_2, p_1, p_2)$$

Poisson brackets

$$\{\{f,g\}\} \equiv \frac{\partial f}{\partial q^a} \frac{\partial g}{\partial p_a} - \frac{\partial f}{\partial p_a} \frac{\partial g}{\partial q^a}$$

□ New Hamilton's equations of motion

$$\dot{q} = \frac{\partial H}{\partial p} - \left[\frac{\partial K}{\partial p_{-}}\right]_{\text{p.l.}} \qquad \dot{p} = -\frac{\partial H}{\partial q} + \left[\frac{\partial K}{\partial q_{-}}\right]_{\text{p.l.}}$$

New action (with K=0) is classical limit of Schwinger's initial value formulation of quantum theory Schwinger (1961)

l etc...

□ Formally double the variables

 $(q, \{Q_n\}) o (q_1, q_2, \{Q_{n1}\}, \{Q_{n2}\})$

 \Box Formally double the variables

$$(q, \{Q_n\}) \to (q_1, q_2, \{Q_{n1}\}, \{Q_{n2}\})$$

 \Box New action

$$S_{\text{eff}}[q_1, q_2, \{Q_{n1}\}, \{Q_{n2}\}] = S[q_1, \{Q_{n1}\}] - S[q_2, \{Q_{n2}\}]$$

Formally double the variables

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$$S_{\text{eff}}[q_1, q_2, \{Q_{n1}\}, \{Q_{n2}\}] = S[q_1, \{Q_{n1}\}] - S[q_2, \{Q_{n2}\}]$$

 \Box Integrate out the Q's

$$egin{aligned} Q_{n+}(t) &= Q_{n+}^{(h)}(t) + rac{\lambda_n}{M} \int_{t_i}^{t_f} dt' \ G_{
m ret}^{(n)}(t-t') q_+(t') \ Q_{n-}(t) &= rac{\lambda_n}{M} \int_{t_i}^{t_f} dt' \ G_{
m adv}^{(n)}(t-t') q_-(t') \end{aligned}$$

Formally double the variables

$$(q, \{Q_n\}) \to (q_1, q_2, \{Q_{n1}\}, \{Q_{n2}\})$$

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Effective action and equations of motion

$$S_{\rm eff}[q_1, q_2] = \int_{t_i}^{t_f} dt \left\{ m(\dot{q}_- \dot{q}_+ - \omega^2 q_- q_+) + q_- \sum_{n=1}^N \lambda_n Q_n^{(h)} + \sum_{n=1}^N \frac{\lambda_n^2}{M_n} \int_{t_i}^{t_f} dt' q_-(t) G_{\rm ret}^{(n)}(t-t') q_+(t') \right\}$$

$$\implies m\ddot{q}+m\omega^2 q = \sum_{n=1}^N \lambda_n Q_n^{(h)}(t) + \sum_{n=1}^N \frac{\lambda_n^2}{M_n} \int_{t_i}^{t_f} dt' \ G_{\rm ret}^{(n)}(t-t')q(t')$$

Summary of the new Hamilton's principle

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Lagrangian and Hamiltonian formulations for general non-conservative systems

Radiation reaction in EFT

Radiation reaction on extended charge (I)

□ Effective action

$$S_{\rm eff}[z_1^{\mu}, z_2^{\mu}] = -m \int (d\tau_1 - d\tau_2) + \frac{e^2}{6\pi} \int d\tau_+ z_{-\alpha} (\dot{a}_+^{\alpha} + u_+^{\alpha} u_+^{\beta} \dot{a}_{+\beta}) + \cdots$$

- Compare to effective action from usual Hamilton's Principle

$$S_{
m eff}[z^{\mu}] = -m \int d au - rac{e^2}{8\pi} \int d au \, z^{lpha} \dot{a}_{lpha}$$

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Self-force

$$0 = \frac{\delta S}{\delta z_{-}^{\mu}(\tau)}\Big|_{z_{-}=0, z_{+}=z} \qquad \Longrightarrow \qquad F_{ALD}^{\alpha}(\tau) = \frac{e^{2}}{6\pi}(\dot{a}^{\alpha} + u^{\alpha}u^{\beta}\dot{a}_{\beta})$$

- Thus, radiation reaction (a dissipative force) is derived from a Lagrangian

Radiation reaction on extended charge (2)

Effective action in non-relativistic limit

$$\Lambda_{\rm eff}[\vec{z}_{\pm}] = \frac{m}{2}(\vec{v}_1^2 - \vec{v}_2^2) + \frac{e^2}{6\pi} z_{-i} \dot{a}_{+}^i + \cdots$$

K
Effective action in non-relativistic limit $\Lambda_{\text{eff}}[\vec{z}_{\pm}] = \frac{m}{2}(\vec{v}_1^2 - \vec{v}_2^2) + \frac{e^2}{6\pi} z_{-i} \dot{a}_{+}^i + \cdots$

Change in mechanical energy

$$h = \vec{v} \cdot \frac{\partial L}{\partial \vec{v}} - L$$

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- Move time derivative onto the velocity

$$\frac{d}{dt}\left(h-\frac{e^2}{6\pi}\vec{v}\cdot\vec{a}\right) = -\frac{e^2}{6\pi}\vec{a}^2$$

 \Box The EFT for this system:



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Identify the relevant degrees of freedom and their symmetries

 $\{X^\mu(au),h_{\mu
u}(x^lpha)\}$

General coordinate invariance Reparameterization invariance of worldline

□ The EFT for this system:

$$M, Q_{IJ}, S^{IJ}, \dots$$

Identify the relevant degrees of freedom and their symmetries

$$\{ {m X}^\mu(au)$$
, ${m h}_{\mu
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General coordinate invariance Reparameterization invariance of worldline

Write most general action consistent with symmetries (i.e., derivative expansion)

$$S[X^{\mu}, h_{\mu\nu}] = \frac{1}{16\pi G} \int_{X} g^{1/2} R - M \int d\tau + \int d\tau Q_{IJ}(\tau) \mathcal{E}^{IJ}(X) + \cdots$$

Matching to a specific theory, model, or data

$$M = m_1 + m_2 + \cdots \qquad \qquad Q^{ij}(t) = \left[\sum_{K=1}^2 m_K x_K^i(t) x_K^j(t)\right]_{\mathsf{STF}} + \cdots$$

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Compute stuff: Leading order radiation reaction force (2.5PN = v^5) CRG & Tiglio, (2009) CRG & Leibovich, (2012)

$$S_{\rm eff}[\vec{x}_{1\pm},\vec{x}_{2\pm}] = \frac{m}{2} \int dt \, (\vec{v}_1^2 - \vec{v}_2^2) + (3\text{PN potentials}) - \frac{G}{5} \int dt \, Q_-^{ij}(t) \frac{d^5 Q_{+ij}}{dt^5} + O(v^7)$$

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Recently, the 3.5PN radiation reaction was computed in EFT and agreement found with published results CRG & Leibovich, (2012)

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$$\left\langle \frac{dh}{dt} \right\rangle = -\frac{G}{5} \left\langle \ddot{I}^{ij}(t) \ddot{I}_{ij}(t) \right\rangle = -\frac{dE_{\rm GW}}{dt}$$

EFTs exploit separation of scales to parameterize effects of short-distance physics on long-distance physics

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- Hamilton's Principle compatible with initial data + EFT is a powerful framework

Conclusion

- New Hamilton's principle compatible with initial data is successfully applied in EFT:
 - 1) Finite size corrections to radiation reaction force on an extended charge CRG, Leibovich & Rothstein, PRL (2010)
 - 2) 2.5 & 3.5 PN radiation reaction forces CRG, & Tiglio, PRD (2009); CRG & Leibovich (arXiv: 1205.3842)
 - 3) 4 PN tail contribution to potential Foffa & Sturani (arXiv:1111.5488)
 - 4) Gravitational self-force and waveform at 1st order in mass ratio CRG & Hu, PRD (2009)
 - 5) Scalar self-force and waveforms through 3rd order in mass ratio (see Wed talk) CRG, CQG (2011a, b)

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- □ Some possible applications of the new Hamilton's Principle:
 - Engineering/Economics: Optimal control/Pontryagin's Minimum Principle
 - Numerical computing: Variational/Symplectic integrators
 - Mathematics: Variational calculus for initial value problems
 - Physics: Lots! -- Statistical mechanics, fluid mechanics, kinetic theory, nonlinear dynamics,...

Extra slides

A brief history of Effective Field Theory (EFT)

Long history...

Initial motivations come from Ken Wilson's ideas on renormalization group

(talk about coarse-graiing, how that goes into redefining the interactions, etc.?)

Application of EFT to classical physics by Goldberger & Rothstein

Aspects of EFT appear in very familiar examples (e.g., extended charge)



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- Far away, the charge looks like a point carrying multipole moments

$$\phi(x) = q \frac{1}{r} + p_i \frac{x^i}{r^3} + \frac{1}{2} I_{ij} \frac{x^i x^j}{r^5} + \cdots$$

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- The precise location of the apparent point-like charge is immaterial

$$\phi(\mathbf{x}) = q' \frac{1}{r'} + p'_i \frac{{\mathbf{x}'}^i}{{r'}^3} + \frac{1}{2} I'_{ij} \frac{{\mathbf{x}'}^i {\mathbf{x}'}^j}{{r'}^5} + \cdots, \quad r' = |\mathbf{x} + \delta \mathbf{x}|, \quad |\delta \mathbf{x}| \lesssim R$$

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- The short-distance physics factorizes from the long-distance physics

- Field on worldline diverges, simply because the expansion is invalid there

Use highly successful renormalization group

- Long-wavelength perturbations interact locally in space and time

- The long-distance field is parameterized by STF moments

$$\phi(x) = \frac{q}{r} + \frac{p_i x^i}{r^3} + \frac{1}{2} \frac{l_{ij} x^i x^j}{r^5} + \cdots$$

Can determine the moments through experiment or matching to the predictions of a theory

Electrostatics in a Lagrangian

Lagrangian for electric potential

$$L[\phi] = -\frac{1}{2} \int_{\mathbf{x}} \partial_i \phi(\mathbf{x}) \partial^i \phi(\mathbf{x}) + \int_{\mathbf{x}} \rho(\mathbf{x}) \phi(\mathbf{x})$$

Expand field about arbitrary point in charge distribution

$$\phi(\mathbf{x}) = \sum_{n=0}^{\infty} \frac{1}{n!} x^N \partial_N \phi(t, \mathbf{x}_0)$$

$$L[\phi] = -\frac{1}{2} \int_{\mathbf{x}} \partial_i \phi(\mathbf{x}) \partial^i \phi(\mathbf{x}) + \sum_{n=0}^{\infty} \frac{1}{n!} \mathcal{I}_{\mathsf{STF}}^N \partial_N \phi(\mathbf{x}_0)$$

Electrodynamics in a Lagrangian

 \Box In an inertial frame, the action is

□ In terms of field strength tensor (gauge invariant)

$$L[\phi] = -\frac{1}{4} \int_{\mathbf{x}} F_{i0}(\mathbf{x}) F^{i0}(\mathbf{x}) + \sum_{n=0}^{\infty} \frac{1}{n!} \mathcal{I}_{\mathsf{STF}}^{N-1i} \partial_{N-1} F_{i0}(\mathbf{x}_0)$$

Identifying the paths: The "physical limit" (1)

An ambiguity in associating physical initial data for a physical path with two unphysical paths




Identifying the paths: The "physical limit" (1)

An ambiguity in associating physical initial data for a physical path with two unphysical paths



Natural to identify physical initial data with $q_+(t_i)$

Physical limit
$$\implies$$
 $q_-(t) \rightarrow 0$, $q_+(t) \rightarrow q(t)$

- Make this a convention

The new action is the one that arises in the classical limit of the corresponding "in-in" or "closed-time-path (CTP)" quantum theory

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- Generating functional

$$Z_{\text{in-in}}[J_1, J_2] \equiv \int \mathcal{D}q_1(t)\mathcal{D}q_2(t) \exp\left\{\frac{i}{\hbar}(S[q_1] - S[q_2]) + \frac{i}{\hbar}\int dt(J_1q_1 - J_2q_2)\right\}$$

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- Approach the classical limit

$$egin{aligned} S_{ ext{classical}} &= S[q_1] - S[q_2] + \int dt (J_1 q_1 - J_2 q_2) + O(\hbar) \ &= S[q_1,q_2] + O(\hbar) \end{aligned}$$

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- On the other hand, path integral quantization based on the new action

$$Z[J_1, J_2] \equiv \int \mathcal{D}q_1(t) \mathcal{D}q_2(t) \exp\left\{rac{i}{\hbar}S[q_1, q_2] + rac{i}{\hbar}\int dt (J_1q_1 - J_2q_2)
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Self-force in extreme mass ratio binaries (1)





Self-force in extreme mass ratio binaries (1)

Self-force in extreme mass ratio binaries (II)

The EFT for this system:

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General coordinate invariance

Reparameterization invariance of worldline

Write most general action consistent with symmetries (i.e., derivative expansion)

$$S[z^{\mu}, h_{\mu\nu}] = \frac{1}{16\pi} \int_{x} g^{1/2} R - m \int d\tau + C_{e} \int d\tau \, \mathcal{E}^{\alpha\beta}(z) \mathcal{E}_{\alpha\beta}(z) + \cdots$$

- Power counting

$$C_e \sim R^5 \sim m^5 \qquad \Longrightarrow$$

Geodesic deviation from finite-size is $O(R^4)$ CRG & Hu (2009)

Matching to a specific theory, model, or data

- Ce vanishes for a black hole

Damour & Nagar (2009), Binnington & Poisson (2009), Kol & Smolkin (2011)

Self-force in extreme mass ratio binaries (III)

Compute stuff: Self-force through first order in mass ratio

- New action

 $S[z_{1,2}^{\mu},\,h_{1,2}^{\mu
u}]\equiv S[z_{1}^{\mu},\,h_{1}^{\mu
u}]-S[z_{2}^{\mu},\,h_{2}^{\mu
u}]$

$$= -\frac{1}{64\pi} \int_{X} \left(h_{a}^{\alpha\beta;\mu} h_{\alpha\beta;\mu}^{a} - \frac{1}{2} h_{a}^{;\mu} h_{;\mu}^{a} \right) - m \int (d\tau_{1} - d\tau_{2}) + \frac{1}{2} \int_{X} h_{\alpha\beta}^{a} T_{a}^{\alpha\beta} + \cdots$$
$$T_{1,2}^{\alpha\beta} \equiv m \int d\lambda \, \frac{\delta^{4}(x - z_{1,2})}{g^{1/2}} \frac{u_{1,2}^{\alpha} u_{1,2}^{\beta}}{(-u_{1,2}^{2})^{1/2}}$$

- Integrate out metric perturbations using Feynman diagrams and rules to get eff action

$$S_{\rm eff}[z_{1,2}^{\mu}] = -m \int (d\tau_1 - d\tau_2) + a + O((m/M)^2) \\ m m m$$

Self-force in extreme mass ratio binaries (IV)

- Diagram for leading order self-force



$$0 = \frac{\delta S}{\delta z_{-}^{\mu}(\tau)} \bigg|_{z_{-}=0, z_{+}=z}$$

$$\downarrow$$

$$F_{\text{MiSaTaQuWa}}^{\mu}(\tau) = 16\pi m^{2} P^{\mu\alpha\beta\nu} \lim_{\epsilon to 0} \int_{-\infty}^{\tau-\epsilon} d\tau' \nabla_{\nu} D_{\alpha\beta\gamma'\delta'}^{\text{ret}}(z^{\mu}, z^{\mu'}) u^{\gamma'} u^{\delta'}$$