

# Non-perturbative self-force effects and improving perturbation theory

Chad Galley

Jet Propulsion Laboratory, California Institute of Technology  
and  
Theoretical Astrophysics, California Institute of Technology



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# Overview

- Survey of nonlinear scalar self-force
- Nonperturbative self-force effects
- Improving perturbation theory

# Why bother with higher order? (I)

- The more accurately the waveform can be calculated, the more accurately the parameters can be measured

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- Transient resonances may effect parameter estimation

$$\Phi \sim \frac{1}{\varepsilon} + \frac{1}{\sqrt{\varepsilon}} + O(\varepsilon^0)$$

*Flanagan & Hinderer (2010)*

- Change of phase by about 15 rad if waveform doesn't track resonance

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- Others?...

# Why bother with scalar fields?

- Historically, scalar models offer a simpler framework
  - *Most useful regularization scheme (Detweiler & Whiting (2003)) first developed and understood in a scalar model*
  - *Numerical self-force computations first accomplished for linear scalar models*
  - *Conceptually cleaner because not a gauge theory*

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  - *Conceptually cleaner because not a gauge theory*
  
- Higher order perturbative expressions can be used "out of the box" for Green function based self-force computations
  - *Hadamard decomposition most useful for this*
  - *Applicable for arbitrary accelerated orbits*

# Nonlinear scalar self-force:

## A brief survey

*CRG, CQG (2012a, b)*

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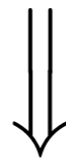
$$S[z^\mu, h_{\mu\nu}] = -\frac{1}{16\pi G} \sum_{n=2}^{\infty} \frac{1}{n!} \int_x a_n(g_{\alpha\beta}) \nabla h \nabla h h^{n-2} - m \sum_{n=0}^{\infty} \frac{1}{n!} \int d\tau b_n(u^\alpha) h^n(z^\alpha)$$



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$$S[z^\mu, \phi] = -\sum_{n=2}^{\infty} \frac{a_n}{n!} \int_x \nabla_\alpha \phi \nabla^\alpha \phi \phi^{n-2} - m \sum_{n=0}^{\infty} \frac{b_n}{n!} \int d\tau \phi^n(z^\alpha)$$

## Nonlinear scalar theory (2)

- A fortuitous change of field variable removes all self-interactions of the field

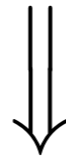
$$\nabla_{\alpha}\psi = \nabla_{\alpha}\phi \left( 1 + \sum_{n=1}^{\infty} \frac{2a_{n+2}}{(n+2)!} \phi^n \right)^{1/2}$$

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$$S[z^\mu, \psi] = -\frac{1}{2} \int_x \nabla_\alpha \psi \nabla^\alpha \psi - m \sum_{n=0}^{\infty} \frac{c_n}{n!} \int d\tau \psi^n(z^\alpha)$$

- Action for a nonlinear scalar field becomes one for a **linear** field with nonlinear couplings to the small body

# Self-force and radiated field (I)

- In previous work, the 3rd order self-force and corresponding radiation field were derived *CRG, CQG (2012a, b)*
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$$ma^\mu = -m(g^{\mu\nu} + u^\mu u^\nu) \nabla_\nu \ln C(\psi_R(z^\mu))$$

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- Regular part of field calculated through **3rd order with DW decomposition**

$$\begin{aligned} \psi_R(z^\mu) = & -mc_1 I_R(z^\mu) + m^2 c_1 c_2 \int d\tau' G_R(z^\mu, z^{\mu'}) I_R(z^{\mu'}) \\ & - m^3 c_1 c_2^2 \int d\tau' \int d\tau'' G_R(z^\mu, z^{\mu'}) G_R(z^{\mu'}, z^{\mu''}) I_R(z^{\mu''}) \\ & - \frac{m^3 c_1^2 c_3}{2} \int d\tau' G_R(z^\mu, z^{\mu'}) I_R^2(z^{\mu'}) + O(\epsilon^4) \end{aligned}$$

$$I_R(z^\mu) \equiv \int d\tau' G_R(z^\mu, z^{\mu'})$$

- Regularization via dimensional regularization, implies  $G_{\text{ret}} \rightarrow G_R$  (at all orders)

# Third order self-force and field (2)

- Radiated field in Detweiler-Whiting decomposition

$$\psi_{\text{rad}}(x) = \int d\tau' G_{\text{ret}}(x, z^{\mu'}) \left\{ \begin{aligned} & - mc_1 + m^2 c_1 c_2 I_R(z^\mu) \\ & - m^3 c_1 c_2^2 \int d\tau' G_R(z^\mu, z^{\mu'}) I_R(z^{\mu'}) \\ & - \frac{m^3 c_1^2 c_3}{2} I_R^2(z^\mu) + O(\epsilon^4) \end{aligned} \right\}$$

$$\phi_{\text{rad}}(x) = \phi[\psi_{\text{rad}}(x)]$$

*2nd order expression agrees with Rosenthal (2006) for appropriate parameter choices*

CRG, CQG (2012b)

# Third order self-force and field (3)

- 3rd order self-force  
in Hadamard decomposition

$$\begin{aligned}
 m_{\text{eff}}(\tau)a^\mu = & P^{\mu\nu} \left\{ m^2 c_1^2 [f_\nu(z^\mu) + I_\nu^{\text{tail}}(z^\mu)] - m^3 c_1^2 c_2 \left[ 2f_\nu(z^\mu)I_{\text{tail}}(z^\mu) + I_\nu^{\text{tail}}(z^\mu)I_{\text{tail}}(z^\mu) \right. \right. \\
 & + \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} d\tau' \nabla_\nu D_{\text{ret}}(z^\mu, z^{\mu'}) I_{\text{tail}}(z^{\mu'}) \left. \right] \\
 & + m^4 c_1^2 c_2^2 \left[ f_\nu(z^\mu) I_{\text{tail}}^2(z^\mu) - \frac{1}{2\pi} f_\nu(z^\mu) \frac{DI_{\text{tail}}(z^\mu)}{d\tau} - \frac{1}{4\pi} I_\nu^{\text{tail}}(z^\mu) \frac{DI_{\text{tail}}(z^\mu)}{d\tau} \right. \\
 & + I_\nu^{\text{tail}}(z^\mu) \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} d\tau' D_{\text{ret}}(z^\mu, z^{\mu'}) I_{\text{tail}}(z^{\mu'}) \\
 & + I_{\text{tail}}(z^\mu) \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} d\tau' \nabla_\nu D_{\text{ret}}(z^\mu, z^{\mu'}) I_{\text{tail}}(z^{\mu'}) \\
 & + 2f_\nu(z^\mu) \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} d\tau' D_{\text{ret}}(z^\mu, z^{\mu'}) I_{\text{tail}}(z^{\mu'}) \\
 & - \frac{1}{4\pi} \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} d\tau' \nabla_\nu D_{\text{ret}}(z^\mu, z^{\mu'}) \frac{DI_{\text{tail}}(z^{\mu'})}{d\tau'} \\
 & + \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} d\tau' \nabla_\nu D_{\text{ret}}(z^\mu, z^{\mu'}) \times \lim_{\epsilon' \rightarrow 0^+} \int_{-\infty}^{\tau'-\epsilon'} d\tau'' D_{\text{ret}}(z^{\mu'}, z^{\mu''}) I_{\text{tail}}(z^{\mu''}) \left. \right] \\
 & + \frac{m^4 c_1^3 c_3}{2} \left[ 2f_\nu I_{\text{tail}}^2(z^\mu) + I_\nu^{\text{tail}}(z^\mu) I_{\text{tail}}^2(z^\mu) \right. \\
 & \left. + \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} \nabla_\nu D_{\text{ret}}(z^\mu, z^{\mu'}) I_{\text{tail}}^2(z^{\mu'}) \right] + O(\epsilon^4) \left. \right\}, \tag{136}
 \end{aligned}$$

where  $I_{\text{tail}}(z^\mu)$  and  $I_\nu^{\text{tail}}(z^\mu)$  are the following tail integrals:

$$I_{\text{tail}}(z^\mu) = \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} d\tau' D_{\text{ret}}(z^\mu, z^{\mu'}) \tag{137}$$

$$I_\nu^{\text{tail}}(z^\mu) = \lim_{\epsilon \rightarrow 0^+} \int_{-\infty}^{\tau-\epsilon} d\tau' \nabla_\nu D_{\text{ret}}(z^\mu, z^{\mu'}), \tag{138}$$



# Nonperturbative self-force effects

*CRG (in preparation)*

# Assumptions

- Let only  $c_1$  and  $c_2$  be non-zero; all other coefficients vanish

$$C(\psi(z^\mu)) = 1 + c_1\psi(z^\mu) + \frac{c_2}{2}\psi^2(z^\mu)$$

$$S[z^\mu, \psi] = -\frac{1}{2} \int_x \psi_{,\alpha} \psi^{,\alpha} - m \int d\tau \left( 1 + c_1\psi(z) + \frac{1}{2}c_2\psi^2(z) \right)$$

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$$G_{\text{cons}}(x, x') = \frac{G_{\text{ret}}(x, x') + G_{\text{adv}}(x, x')}{2}$$

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- Continue to ignore finite-size effects

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□ Wave equation

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$$\psi_R(r_o) = -\frac{mc_1 I_R(r_o)}{1 + mc_2 I_R(r_o)}$$

$$\partial_r \psi_R(r_o) = -\frac{mc_1 \partial_r I_R(r_o)}{1 + mc_2 I_R(r_o)}$$

# Nonperturbative conservative quantities (I)

- The components of the worldline equations of motion for circular orbits yield non-perturbative expressions for:

- *Effective potential*

$$V_{\text{eff}}(r_o) = f(r_o) \frac{1 + r_o \partial_r \ln C(\psi_R(r_o))}{1 - r_o \partial_r \ln f^{1/2}(r_o)} \quad f(r_o) = 1 - \frac{2M}{r_o}$$

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- *Orbital frequency*

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- *"Gauge invariant" redshift*

$$u^t = f^{-1/2}(r_o) \sqrt{\frac{1 + r_o \partial_r C(\psi_R(r_o))}{1 - r_o \partial_r \ln [f^{1/2}(r_o) C(\psi_R(r_o))]}}$$

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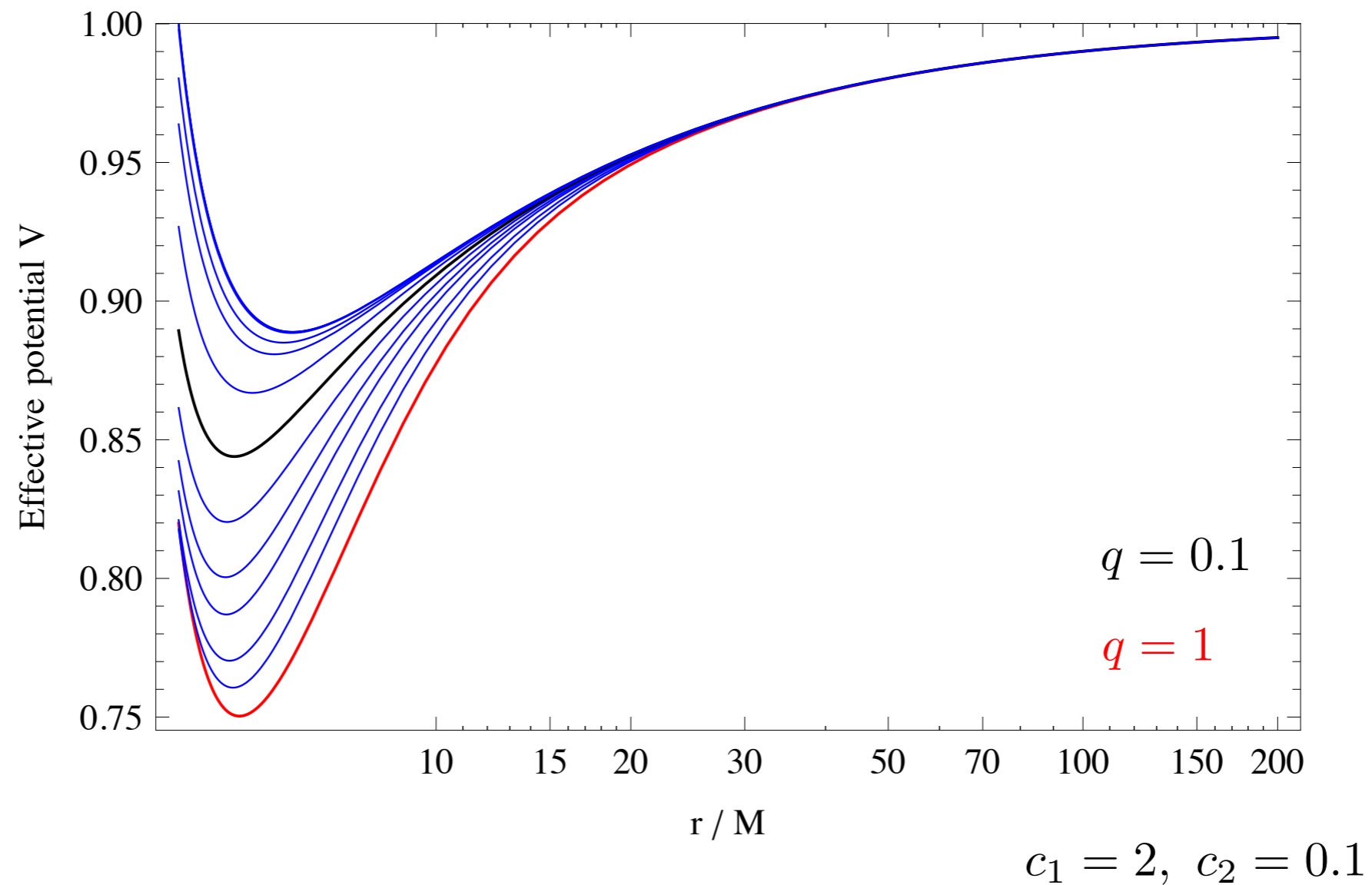
- *Radial self-force*

$$F_R^r(r_o) = -f(r_o) \partial_r \ln C(\psi_R(r_o))$$

# Nonperturbative conservative quantities (2)

## □ Effective potential

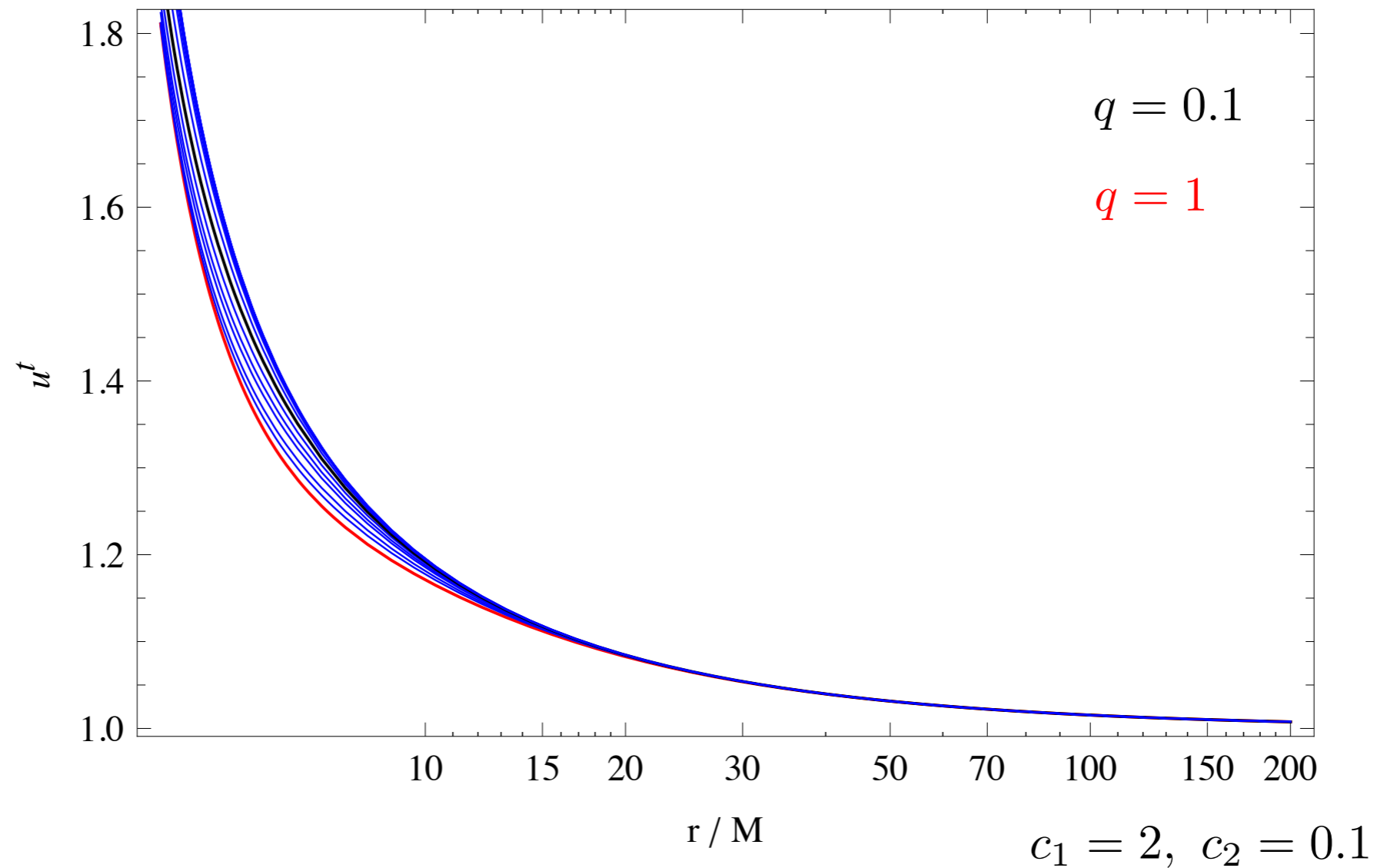
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# Nonperturbative conservative quantities (3)

- "Gauge invariant" redshift

$$u^t = f^{-1/2}(r_o) \sqrt{\frac{1 + r_o \partial_r C(r_o)}{1 - r_o \partial_r \ln(f^{1/2}(r_o) C(r_o))}}$$





# Improving perturbation theory

*CRG (in progress)*

# An ambiguity at first order

- The effective action for 1st order self-force generates a 2nd order piece

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- *Keep it and see what happens*

- If keeping this term then

- *Can identify an effective mass for the particle*

$$(m + mc_1\psi_R(z))a^\mu = -mc_1(g^{\mu\nu} + u^\mu u^\nu)\nabla_\nu\psi_R(z)$$

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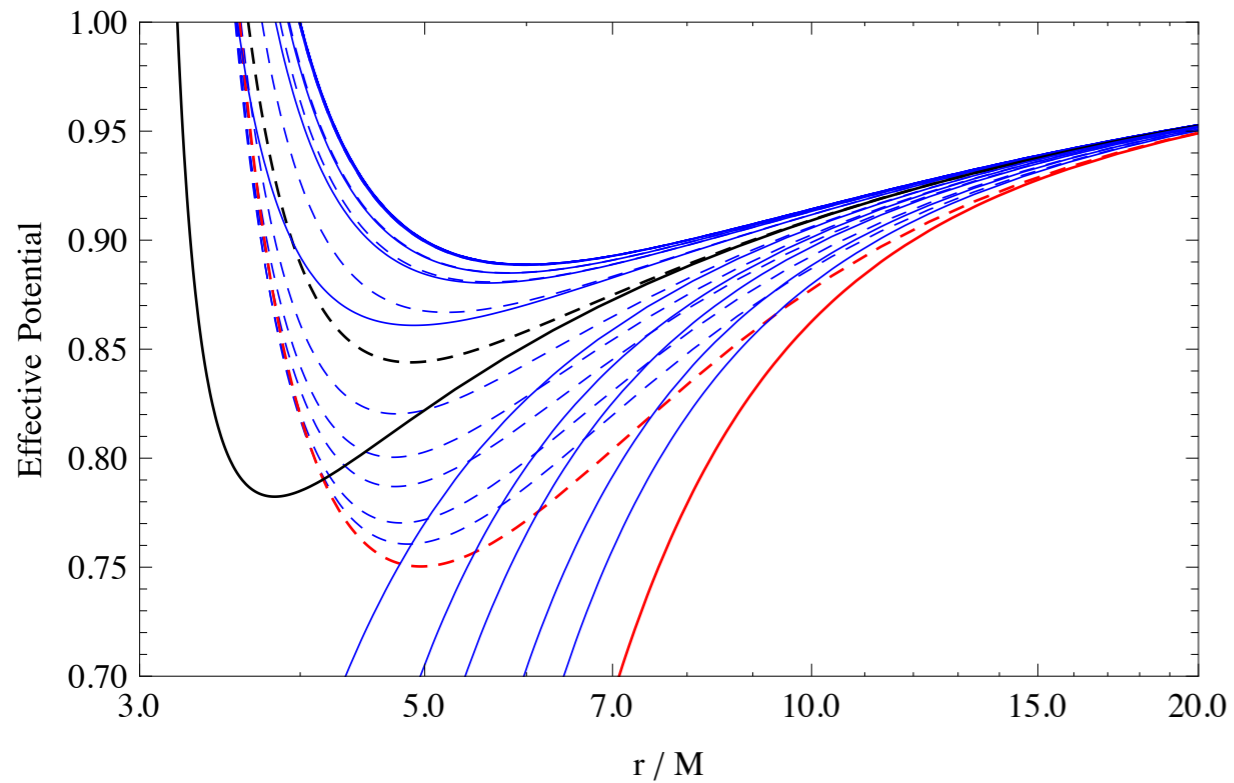
- *Can incorporate into a partially resummed expression of the 1st order self-force*

$$ma^\mu = -\frac{mc_1(g^{\mu\nu} + u^\mu u^\nu)\nabla_\nu\psi_R(z)}{1 + c_1\psi_R(z)}$$

Improved 1st order  
self-force

# Improved 1st order self-force effects

1st order



$$\leftarrow V_{\text{eff}}^{(1)} = V_{\text{Schw}} \left( 1 + c_1 r_o \partial_r \psi_R(r_o) \right)$$

*Dashed lines are nonperturbative  
potential from earlier*

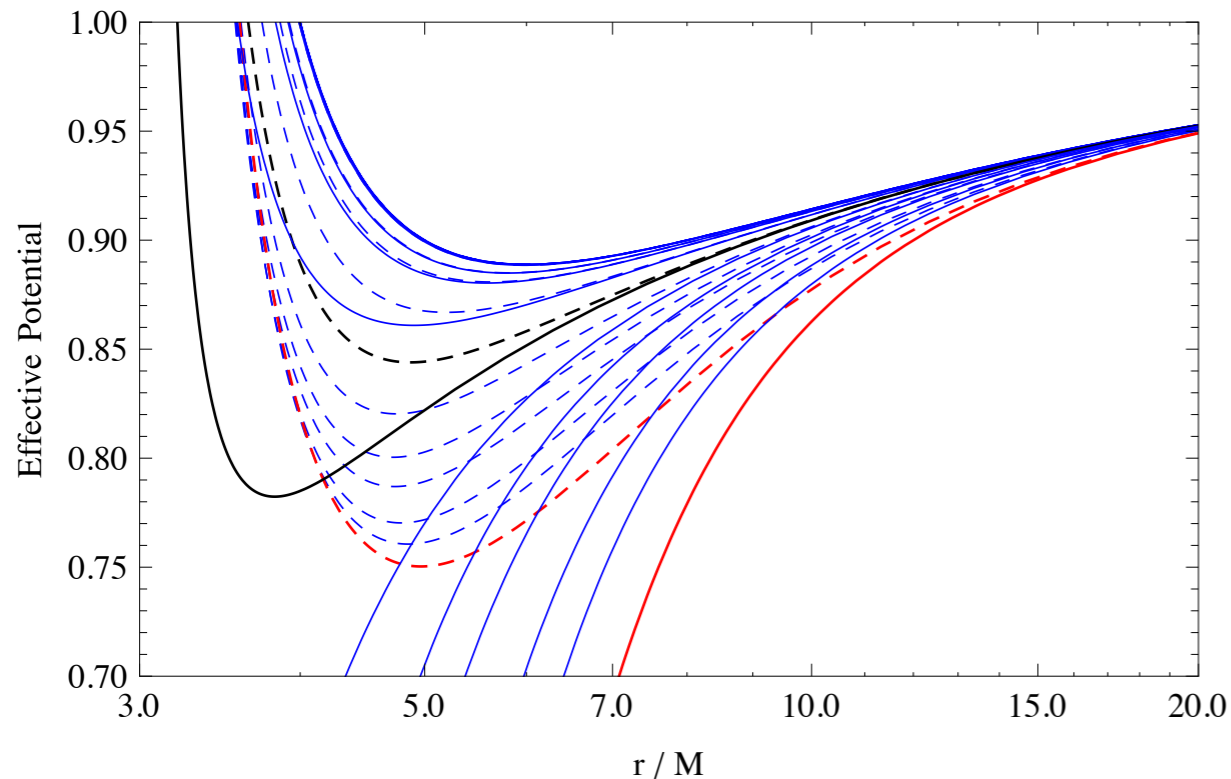
$$q = 0.1$$

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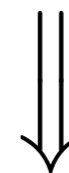
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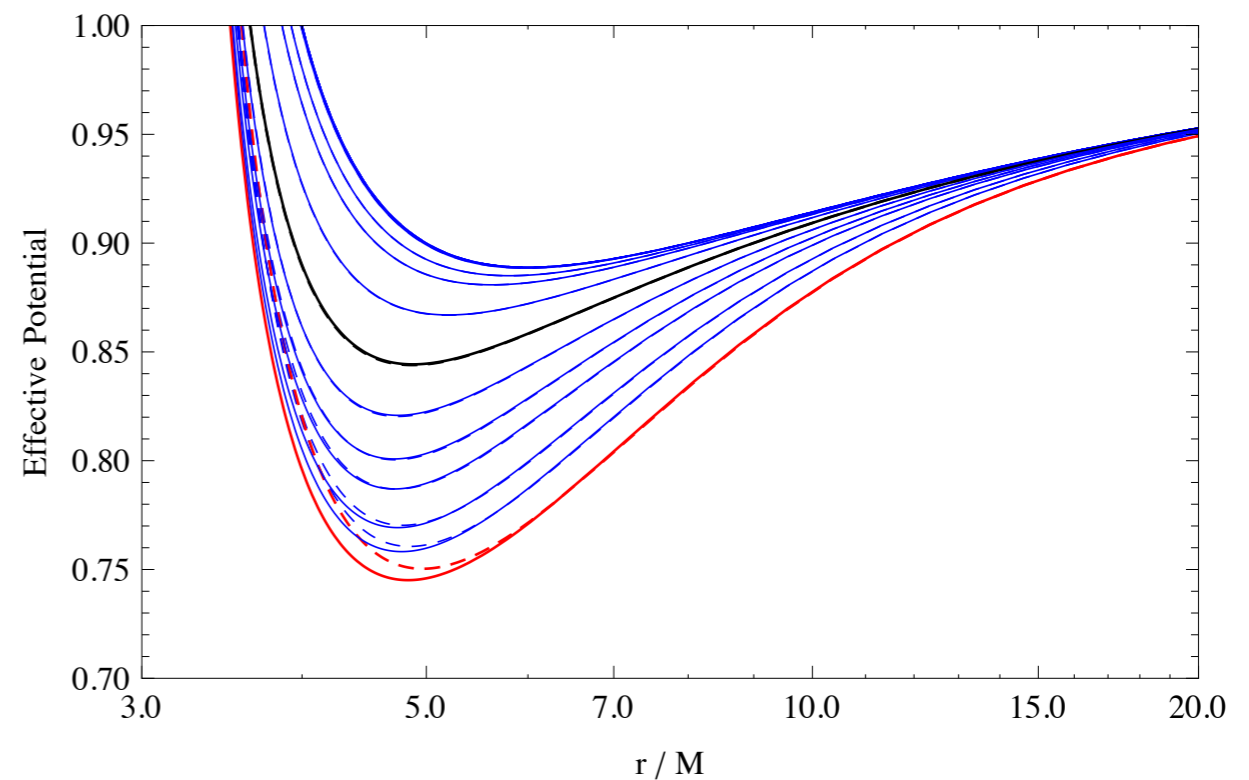
$$c_1 = 2, c_2 = 0.1$$

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$$V_{\text{eff}}^{\text{impr}} = V_{\text{Schw}} \left( \frac{1 + c_1 \psi_R(r_o) + c_1 r_o \partial_r \psi_R(r_o)}{1 + c_1 \psi_R(r_o)} \right)$$



Improved 1st order





# Improving first order gravitational self-force

- The effective action for 1st order self-force generates a 2nd order piece

$$ma^\mu = -mc_1(g^{\mu\nu} + u^\mu u^\nu)\nabla_\nu\psi_R(z) - mc_1\psi_R(z)a^\mu$$



$$-16\pi Gm \left( \frac{1}{2}a^\mu u^\alpha u^\beta + (g^{\mu(\alpha} + u^\mu u^{(\alpha} a^{\beta)})h_{\alpha\beta}^R(z) \right)$$

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- If keeping this term then can incorporate into a partially resummed expression of the 1st order self-force

$$F_R^r(r_o) = \frac{16\pi m P^{\mu\alpha\beta\nu}\nabla_\nu h_{\alpha\beta}^R(r_o)}{1 + 8\pi(h_{uu}^R(r_o) + g^{rr}(r_o)h_{rr}^R(r_o))} + O(\epsilon^2)$$

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- A simple nonlinear scalar theory helps for gravitational self-force:
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# Conclusions

- Higher order self-force effects are of intrinsic and practical interest
- A simple nonlinear scalar theory helps for gravitational self-force:
  - *For understanding some conceptual aspects (e.g., regularization at higher orders)*
  - *For developing and studying algorithms for higher order computations*
  - *Provide a context to estimate errors of numerical self-force codes*
- For a class of nonlinear scalar theories, the regular field can be resummed in the mass ratio for circular orbits
- A 2nd order piece comes from the 1st order action, which can be used to improve the first order perturbative expressions
  - *Worth studying for improving 1st order gravitational self-force results*

**Extra slides**



# An ambiguity

- Worldline equations of motion

$$ma^\mu = -m(a^\mu + P^{\mu\nu}\nabla_\nu)C(z)$$

- Collect 4-acceleration to one side

$$mC(z)a^\mu = -mP^{\mu\nu}\nabla_\nu C(z)$$

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- Two equivalent interpretations:

1) Particle carries an effective mass

$$m_{\text{eff}} = mC(z)$$

2) Inertial mass but an effective self force

$$F_{\text{eff}}^\mu(\tau) = \frac{F_R^\mu(\tau)}{C(z)} = -mP^{\mu\nu}\nabla_\nu \ln C(z)$$

# Comparison with Rosenthal's expression (I)

E. Rosenthal CQG (2006)

$$\square\phi = \phi_{,\alpha}\phi'^{\alpha} - q \int d\tau \frac{\delta^4(x-z)}{g^{1/2}}$$

- Rosenthal developed a somewhat complicated procedure to derive the regular 2nd order perturbations
  - Investigate behavior of wave equation when  $q \rightarrow 0$
  - Make ansatz for particular solution
  - Use physical considerations to identify divergent b.c.'s for field as field point approaches worldline
  - Solve the wave equation with those divergent b.c.'s

$$\phi(x) = q \int d\tau D_{\text{ret}}(x, z^\mu) + \frac{q^2}{2} \left[ \int d\tau D_{\text{ret}}(x, z^\mu) \right]^2 - q^2 \int d\tau D_{\text{ret}}(x, z^\mu) I_R(z^\mu) + \dots$$

## Comparison with Rosenthal's expression (2)

$$\square\phi = \phi_{,\alpha}\phi'^{\alpha} - q \int d\tau \frac{\delta^4(x-z)}{g^{1/2}}$$

- Rosenthal's model is a member of our class of nonlinear theories:

$$b_1 = -\frac{q}{m}, \quad b_2 = +2\frac{q}{m}, \quad a_3 = -6$$

- Psi field:

$$\psi_{\text{rad}}(x) = q \int d\tau D_{\text{ret}}(x, z^\mu) - q^2 \int d\tau D_{\text{ret}}(x, z^\mu) I_R(z^\mu) + \dots$$

- Using the inverse of the field redefinition

$$\phi(x) = \psi(x) + \frac{1}{2}\psi^2(x) + \dots$$

gives agreement with Rosenthal

$$\phi(x) = q \int d\tau D_{\text{ret}}(x, z^\mu) + \frac{q^2}{2} \left[ \int d\tau D_{\text{ret}}(x, z^\mu) \right]^2 - q^2 \int d\tau D_{\text{ret}}(x, z^\mu) I_R(z^\mu) + \dots$$

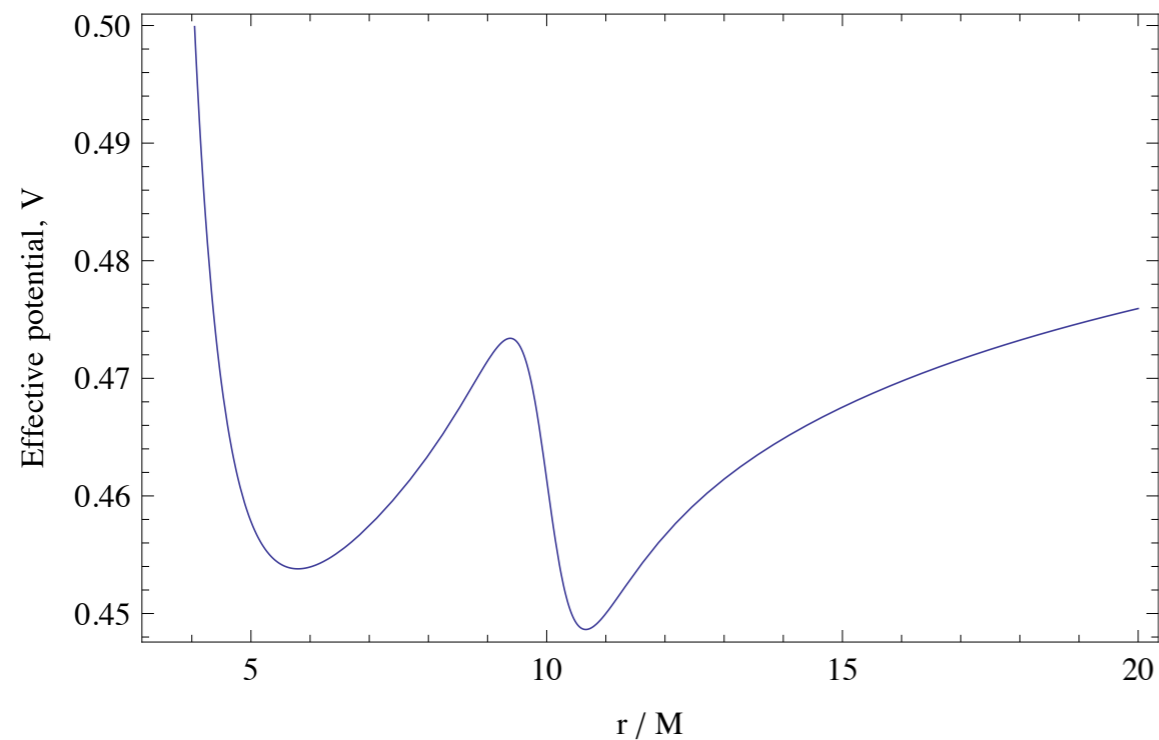
# Scalar perturbations through 3rd order

- Combining all the contributions to the scalar perturbations then gives the **radiative field**

$$\psi_{\text{rad}}(x) = \int d\tau' D_{\text{ret}}(x, z^{\mu'}) \left\{ -mc_1 + m^2 c_1 c_2 I_R(z^{\mu'}) - \frac{m^3 c_1^2 c_3}{2} I_R^2(z^{\mu'}) \right. \\ \left. - m^3 c_1 c_2^2 \int d\tau'' D_R(z^{\mu'}, z^{\mu''}) I_R(z^{\mu''}) + O(\varepsilon^4) \right\}$$

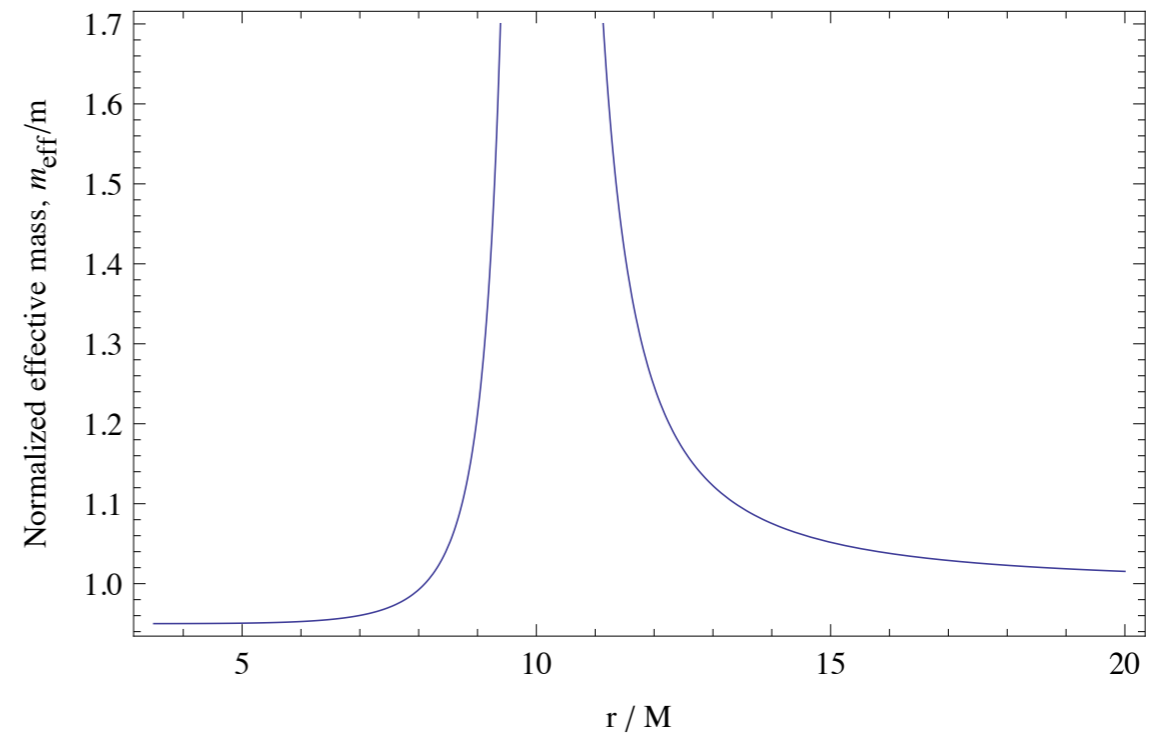
# Rich structures

- If the  $c_2$  parameter is much larger than  $c_1$  than one finds rich structure in the non-perturbative orbital quantities



$$q = 1$$

$$c_1 = 1, c_2 = 10$$



# Summary

- We constructed a class of nonlinear scalar models analogous to the perturbative description of EMRIs in GR
- Calculated the scalar perturbations and SF through 3rd order
- Explicitly showed that DW scheme is valid at higher orders
- A subclass of these models can be resummed **exactly** to yield **non-perturbative expressions in the mass ratio**
- Showed how various orbital quantities vary with full mass ratio range
- Perturbative SF can be improved by retaining the "effective mass" piece